



Invitation

3 Day Angelic Psychic Development Intensive Workshop

with Sarah Cox

Thursday 27th (eve) to Sunday 30th September 2007

I would love you to join me in the converted barns at the beautiful Manor in Stoke Trister Somerset. The buildings have been lovingly restored by the current owners Tim and Charlotte MacCaw, and a very warm and nurturing welcome awaits you.

During this time of great change on earth, this 3 day Workshop is designed to shift you quickly through the clearing process in order to access your intuitive and psychic abilities, which we all possess. No special talents are needed as we all have the ability for direct revelation. The course is suitable for beginners, intermediates and advanced students. We are all capable of miracles because we are all perfect images of the Divine. All we have to do is remove the blocks to help us remember.

Angel workshops and therapy sessions are always filled with love, as you allow these amazing beings into your life. Be prepared for great fun, to make new friends and to enjoy a deeply relaxing and loving experience. There will be plenty of time to explore the surrounding countryside and gardens whilst contemplating all that you learn. As this is high-level training that will change your life, you are asked to take full responsibility for your own development. Be prepared to feel emotional at times as blocks are released. You will be invited to avoid certain foods from September 1st to clear your psychic sight and prepare your body for the changes coming to you. More information will be sent to you at time of booking.

What you can expect from this workshop

- Receive deep Angelic Healing from your Angels throughout the course
- Learn how to clear blocks and past life issues
- Develop tools to work with your Angels and Guides
- Gain confidence in your abilities
- Enjoy a calm, prayerful space to unfold safely
- Meet like-minded people

Itinerary

Thursday Eve - Meet at 8pm for a hearty soup and welcome. Introduction and guided surrender meditation. Letting go of daily worries to relax and enjoy the days ahead.

Friday - 9.30am-5pm - Clearing the blocks to your abilities.

Saturday/Sunday - 9.30am-5pm - Opening to receive guidance and learning how to work with the Angels realms. You will be giving brief Angel readings at the end of the workshop.



Each morning we begin with very gentle yoga to stretch and open the energy meridians in your body. Each evening there will be a centering, still prayerful time of integration, which is optional.

Donation

In the spirit of abundant giving and receiving the workshop is by donation (box provided at venue). Includes all teaching, vegan lunch each day and all refreshments.

Accommodation

There are two gorgeous cottages in the grounds of the manor you can book rooms individually or book the whole cottage for you and your friends. This is the cheapest accommodation at £75 per person inclusive for the course, so you will need to be quick to book these and you may have to share with one other. See the website below.

www.valecottages.co.uk

Please contact **Charlotte MacCaw** on **01963 33360** or email info@valehealing.co.uk to book your rooms.

If you require a general B&B list please tick the box on the booking form and this will be sent to you with your confirmation.

Bookings

For all information regarding bookings please contact:
Sarah Cox Tel 01963 33988 Email energyfieldtherapy@yahoo.com

You may print out the booking form and post it to the address on the form.

About Sarah

Sarah Cox is a Healer, Medium and Angel Therapy Practitioner TM. Having successfully run her own healing clinic in Chobham and then Bagshot for many years, she set up the Satvik Energy Therapy Training School and now runs it with Yvette Richards. A fully trained medium, Sarah combines Angel readings with Angelic Healing. She has trained over the years with many wonderful teachers including Diana Cooper and Doreen Virtue and is currently training to be an Interfaith Minister at the Interfaith Seminary in London with Miranda Holden.

"My deepest wish is to create safe, healing spaces for transformation of the soul, guided and led by the wonderful Angelic Realms. More and more people are waking up to direct contact with the Divine. This manifests for each of us differently. One of the easiest ways to access this is through the Angels - the messengers of God. Everyone is psychic and intuitive, sometimes you just need a hand to lead you and show you how to bring these beautiful beings into your life".



Application for the 3-day workshop with Sarah Cox

Date _____

Name _____

Address _____

Tel number: Day _____ Eve _____

What has drawn you to this training?

Have you trained with Sarah before? If so when?

Have you had any other training in this field and with whom?

There will be a box for donations at the venue to cover teaching, vegan lunches and all refreshments.

I require a further B&B list
Please tick box

Places will be limited, so please apply early.

Please print out this form and post it to:
Sarah Cox, Vale Centre, Stoke Trister, Wincanton, Somerset BA9 9PH